

Curriculum COK

Creative Lesson Planning 2-3 hours

Walk through the steps of creating lesson plans for children of all ages. Learn new tools and ideas for fun and creative activities for children in your care.

Art for the Fun of it! 2-3 hours

The focus of art for young children is exploration and fun. This training will review the developmental milestones of art in young children and the teacher's role in art, as well as offer fun and creative ways to plan art activities for young children.

Music and Movement with Young Children 2-3 hours

Walk away with ideas to incorporate music, singing and movement into every day lesson planning. Understand the purpose and benefits to using music and movement for circle time, group activities and transitions. Learn how to use props with music and movement to enhance your curriculum.



Professionalism COK

Trouble with Tricky Staff 2 or 3 hours

Hear about different leadership styles and how to lay out expectations for program staff. We will discuss personality styles and how a good mix of personalities contribute to a strong team. Participants will learn how to design performance improvement plans that are objective and goal oriented.

All inclusive fee for up to 25 staff at your site: \$300—2 hour; \$450—3 hour

* Additional charge for travel outside of Montgomery County, MD

Our Mission.

Our mission is to foster strong and healthy individuals and families through innovative education, behavioral health, child development and social services that address needs in the home, school and community.

Rave Reviews!

"Great presentation! Good mix of activities, very well presented, organized and prepared for!"
- Seneca Academy

"Very useful and I can put the information into use in my classroom immediately!"
- Silver Spring Child Care Center

"Good training, good use of time allotted. Information was clear and concise."
- Wonders Child Care Center

"This was an eye-opener for me. I've learned a lot of valuable insights. Thank you!"
- Montgomery Child Care, Brooke Grove



Family Services, Inc.

An affiliate of Sheppard & Enoch Pratt Foundation

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Visit our website:
www.fs-inc.org

United Way #8098
CFC #28943
MD Charity Campaign #3190

Family Services, Inc.

Providing children a foundation for success in school and in life

Early Childhood Education and Training CKO-1700

**Training Descriptions
Updated November 2010**



For additional information or to arrange for training, contact Helma Irving at (301) 840-3248 or

irvinghelma@fs-inc.org



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Early Childhood Education and Training Class Descriptions

Early Childhood Education and Training (ECET) team offers high quality educational opportunities for early childhood professionals and parents and works to: Provide high quality continuing education classes to early childhood professionals (both Child Care Providers and Home Visitors); Coordinate Parents as Teachers home visiting training opportunities. (call for more details)

Social and Emotional Foundations for Early Learning (SEFEL)

Infant and Toddler – Series (18 hrs):

Module 1 Social & Emotional Development within the Context of Relationships (Child Development COK – 6 hours)

Module 2 Responsive Routines, Environments and, Strategies to Support Social Emotional Development in Infants and Toddlers (Curriculum COK - 6 hours)

Module 3 Individualized Intervention with Infants and Toddlers: Determining the Meaning of Behavior and Developing Appropriate Responses (Special Needs COK – 6 hours)

Pre-K (3s to 5s) – Series (21hrs):

Module 1 Promoting Children's Success: Building Relationships and Creating Supportive Environments (Curriculum COK - 6 hours)

Module 2 Social Emotional Teaching Strategies (Curriculum COK - 5 hours)

Module 3A Individualized Intensive Interventions: Determining the Meaning of Challenging Behavior (Child Development COK – 5 hours)

Module 3B Developing a Behavior Support Plan (Special Needs COK - 5 hours)

Call for pricing information



Health, Safety and Nutrition

Core of Knowledge (COK)

Preparing for the Flu and Planning for Continuity of Care 3 hours

Learn what the flu is, how it spreads and how to provide protection in a childcare setting. We will discuss the key role the child care provider plays in preparing for health emergencies such as an outbreak of pandemic influenza.

Teaching Healthy Dental Care: Cavity Free Kids 3 hours

Everything you ever wanted to know about basic oral hygiene, including how to keep little mouths clean and healthy while promoting cavity free kids. We offer fun dental care activities for children of all ages as well as practical ideas about sharing this information with families.



Special Needs COK

Ages and Stages Questionnaire (ASQ-3) 3 hours

Introducing the newly updated ASQ-3rd Ed. Screening questionnaire — a tool to screen a child's development in the areas of communication, gross motor, fine motor, problem solving, and social-emotional development. Learn to administer and score the instrument and share the results with parents. Programs will be asked to purchase this item before training is given.

Red Flags in Child Development 2-3 hours

Learn how to recognize when a child's development may be delayed and how to refer families to local free resources. In addition to the recognition of delays in children, we focus on how to effectively communicate with the families about concerns and observations of the child care professional.



Child Development COK

Making the Connection!

Brain Development in Young Children 2-3 hours

Learn how the brain is put together and how it works. We will discuss the times when a child's brain learns things best and introduce practical play activities that are known to promote optimal brain development

Positive Discipline: Action Verses Consequences 2-3 hours

Learn techniques on positive discipline and how to use it in your childcare setting. The tools you learn will include: choices, redirection and setting limits.



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Trainings are designed for 25 participants or less. We will make accommodations for more trainers if needed.